

OSHA & Regulatory Certification Programs

OSHA 10-Hour Construction or General Industry

OSHA 10-Hour Construction or General Industry

In-Person & Virtual Training

OSHA 10-Hour Outreach Training Program

Days and Times Scheduled Based On Your Needs

This 10 hour certification course is designed for entry-level and non-supervisory workers, general staff, and team members who need a foundational understanding of workplace safety. It can be done in 2-days or over more days with fewer hours per day to allow for production demands as needed. Our preferred approach is including both 10 and 30 hour attendees together, and then continue the remaining 20 hours for those who need the 30 hour training. We find this helps build, develop, and encourage stronger lines of communication and trust between non-supervisory workers and their supervisors. The OSHA 10-Hour program teaches employees how to recognize, avoid, abate, and prevent hazards on the job site or the production floor, while also detailing workers' rights and employer responsibilities.

The training can be tailored specifically to Fed/OSHA 29 CFR 1926 (Construction) or 29 CFR 1910 (General Industry) standards depending on your company's sector. Upon successful completion, participants receive an official OSHA 10-Hour completion card. This foundational training is an important part of keeping your company compliant with site-access mandates, improving your safety culture, and providing your key people with the information and resources they need to recognize and avoid hazards daily.

Training Topics Include:

- Introduction to OSHA, Worker Rights and Responsibilities, and Employer Responsibilities
- The OSHA Focus Four Hazards (Fall, Caught-In or -Between, Struck-By, Electrocution)
- Hazard Communication and GHS Labeling
- Selection, Inspection, and Use of Personal Protective Equipment (PPE)
- Walking and Working Surfaces (Slips, Trips, and Falls)
- Scaffolding and Ladder Safety Awareness
- Bloodborne Pathogens and Ergonomics (General Industry)

- Excavation and Trenching Awareness (Construction)
- Safe Material Handling and Tool Safety

In-Person Training Location or Virtual Zoom Training Based On Your Needs

Participants receive the official DOL/OSHA 10-Hour Card upon completion.

Presented by

SAFE - Safety Associates for Employers, LLC

Call: 775-843-8318, Email: Larry@safety4employers.com

Website: <https://safety4employers.com/>

OSHA 30-Hour Construction or General Industry

OSHA 30-Hour Construction or General Industry

In-Person & Virtual Training

OSHA 30-Hour Outreach Training Program

Days and Times Scheduled Based On Your Needs

This intensive 30-hour certification course is the gold standard for safety directors, foremen, site supervisors, and project managers. It can be successfully completed in 4-days or over a longer period of time with shorter daily sessions to provide for production demands as needed. While the 10-hour course focuses on basic hazard recognition for workers, the OSHA 30-hour course provides an in-depth dive into safety program management, specific regulatory enforcement, and hazard mitigation from a leadership perspective.

The training is heavily focused on the specific subparts of Fed/OSHA 29 CFR 1926 (Construction) or 29 CFR 1910 (General Industry). Upon successful completion, participants receive an official OSHA 30-Hour completion card. This comprehensive training is an important part of keeping your company compliant, reducing workplace incident rates, and providing your key leadership with the advanced information and resources they need to promote a proactive safety culture.

Training Topics Include:

- Managing Safety and Health Programs and Multi-Employer Worksites
- Advanced Review of the OSHA Focus Four Hazards
- Confined Space Entry and Permit Programs
- Lockout/Tagout (LOTO) and Control of Hazardous Energy
- Advanced Excavation, Trenching, and Shoring Systems
- Crane, Derrick, and Rigging Operations
- Concrete and Masonry Construction
- Fire Protection and Emergency Action Plans
- Recordkeeping, OSHA 300 Logs, and Incident Reporting

In-Person Training Location or Virtual Zoom Training Based On Your Needs

Participants receive the official DOL/OSHA 30-Hour Card upon completion.

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EM-385-1-1 2024 Certification 40-Hour

EM-385-1-1 2024 Certification 40-Hour

In-Person Training

40-Hour USACE / NAVFAC Safety Certification

Days and Times Scheduled Based On Your Needs

This rigorous 5-day training program is mandatory for contractors, superintendents, and safety professionals operating on Department of Defense (DOD), Naval Facilities Engineering Systems Command (NAVFAC), and U.S. Army Corps of Engineers (USACE) projects. The military enforces strict safety standards that frequently exceed baseline OSHA regulations. This course thoroughly covers the newly updated 15 March 2024 version of the manual.

Completing this course is a primary prerequisite for serving as a Site Safety and Health Officer (SSHO) on federal contracts. This high-level training is an important part of keeping your company compliant with strict military contract requirements, preventing costly project stand-downs, and providing your key people with the precise information and resources they need to manage complex federal job sites.

Training Topics Include:

- Navigating the Newly Updated 2024 EM 385-1-1 Safety and Health Requirements Manual
- Drafting and Executing an Accepted Accident Prevention Plan (APP)
- Developing Activity Hazard Analyses (AHA) and Risk Assessment Codes (RAC)
- SSHO Qualifications, Roles, and Responsibilities
- EM 385 Fall Protection and Rescue Planning (Section 21)
- Scaffolding, Elevated Work Platforms, and Ladders (Section 22)
- Control of Hazardous Energy and Lockout/Tagout
- Excavation, Trenching, and Temporary Construction Facilities
- Military Crane, Rigging, and Load Handling Operations

In-Person Training Location Based On Your Needs

Includes Interactive Workshops on Writing and Formatting AHA Documents for USACE Approval.

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EM-385-1-1 2024 Refresher 8-Hour

EM-385-1-1 2024 Refresher 8-Hour

In-Person & Virtual Training

Annual EM-385-1-1 SSHO Refresher

Days and Times Scheduled Based On Your Needs

This 1-day (8-hour) course is the required annual continuing education for current Site Safety and Health Officers (SSHOs) who must maintain their qualifications on USACE, NAVFAC, and DoD projects. With the release of the updated 15 March 2024 EM 385-1-1 manual, maintaining compliance requires an active understanding of the newest regulatory shifts, administrative processes, and engineering controls.

The training focuses on updates to the EM 385-1-1 safety standards and reviewing the most frequently cited deficiencies on federal worksites. This refresher training is an important part of keeping your company compliant with ongoing federal and military contract requirements and providing your key EHS people with the updated information and resources they need to maintain their SSHO status and protect project profitability.

Training Topics Include:

- Detailed Review of the 2024 Updates and Changes to the EM 385-1-1 Manual
- Common Pitfalls in Accident Prevention Plan (APP) Maintenance
- Updating Activity Hazard Analyses (AHAs) for Phased Work
- Review of Section 21 Fall Protection and Rescue Plans
- Evaluating Competent Person Duties and Designations
- Mishap Reporting, Recordkeeping, and Corrective Action Plans
- Interacting Effectively with USACE and NAVFAC Quality Assurance Personnel
- Control of High-Risk Hazards: Cranes, Excavations, and Electrical

In-Person Training Location or Virtual Zoom Training Based On Your Needs

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ANSI / Cal-OSHA / Fed-OSHA / NV-OSHA aligned programs

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In-Person & Virtual Training

Custom Multi-Jurisdictional Compliance Training

Days and Times Scheduled Based On Your Needs

This specialized, customizable training program is designed for companies and contractors operating across state lines or in strictly regulated regional jurisdictions. Compliance is not one-size-fits-all; an OSHA-compliant program in Nevada may result in citations in California. This training aligns your workforce and supervisors with Federal OSHA, state-specific plans (like Cal/OSHA and NV-OSHA), and national consensus standards (ANSI) to ensure uniform safety across all your operations.

The curriculum is built around your specific operational footprint, integrating Cal/OSHA Title 8, Fed-OSHA 29 CFR, NV-OSHA mandates, and ANSI best practices. This tailored training is an important part of keeping your company compliant across state borders, preventing costly multi-jurisdictional citations, and providing your key people with the precise regulatory information and resources they need to manage a diverse workforce safely.

Training Topics Include:

- Understanding the Differences Between Federal OSHA and State Plans
- Implementing the Cal/OSHA Injury and Illness Prevention Program (IIPP)
- Navigating the NV-OSHA Written Safety Program (WSP) Requirements
- Integrating ANSI Consensus Standards into Company Policies
- Multi-State Recordkeeping and OSHA 300 Log Reporting
- State-Specific Heat Illness and Workplace Violence Standards
- Customizing Job Hazard Analyses (JHA) for Regional Compliance
- Managing State-Specific Enforcement Audits and Inspections
- Standardizing Supervisor Safety Roles Across State Lines

In-Person Training Location or Virtual Zoom Training Based On Your Needs

Program Length and Topics are Fully Customized to Your Company's Specific Industry and

Locations.

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