

Emergency & Life Safety Training

Active Assailant / Shooter & Workplace Violence

Active Assailant / Shooter & Workplace Violence Awareness, Preparedness, and Response Training

In-Person & Virtual Training

Active Assailant & Workplace Violence Training

Days and Times Scheduled Based On Your Needs

This 1/2-day course focuses on recognizing, preventing, and responding to workplace violence and active assailant scenarios. The training is essential for all employees, supervisors, and management to understand how to maintain a safe work environment and respond to unpredictable, high-stress situations. It is excellent for foundational awareness, empowering employees to recognize warning signs, and establishing clear protocols for survival and communication.

The training covers the EM385-1-1, Fed/OSHA General Duty Clause requirements for providing a workplace free from recognized hazards, Cal/OSHA workplace violence prevention standards (SB 553), and industry best practices for emergency response. This training is an important part of keeping your company compliant with current regulations, mitigating risk, and providing your key people with the information and life-saving resources they need.

Training Topics Include:

- Recognizing Pre-Incident Indicators and Warning Signs
- Situational Awareness Strategies for the Jobsite and Office
- De-escalation Techniques and Conflict Resolution
- The Run, Hide, Fight Survival Methodology
- Emergency Communication and Alert Procedures
- Law Enforcement Interaction and Post-Incident Response
- Developing and Assessing Your Site-Specific Response Plan
- Roles and Responsibilities of Supervisors and Employees
- Employee Assistance and Mental Health Post-Trauma

In-Person Training Location or Virtual Zoom Training Based On Your Needs

Optional Interactive Tabletop Scenario Exercises Available for Management Teams

Presented by

SAFE - Safety Associates for Employers, LLC

Call: 775-843-8318, Email: Larry@safety4employers.com

Website: <https://safety4employers.com/>

Emergency Action Plan and Response

Emergency Action Plan and Response

In-Person & Virtual Training

Emergency Action Plan (EAP) Training

Days and Times Scheduled Based On Your Needs

This 1/2-day training program gives employers and employees an interactive workshop based on the development, implementation, and execution of a facility or site-specific Emergency Action Plan (EAP). It is vital for safety coordinators, managers, and all workers to understand the protocols for varied emergencies including fires, natural disasters, chemical spills, medical incidents, extreme weather events, and workplace violence.

The training thoroughly covers both Federal OSHA 29 CFR 1910.38 and 1926.35, and Cal/OSHA Title 8 requirements for Emergency Action Plans and Fire Prevention Plans. This training is an important part of keeping your company compliant with current OSHA regulations, testing your current evacuation procedures, and providing your key people with the information and resources they need to ensure everyone's safety during a crisis.

Training Topics Include:

- OSHA Regulatory Requirements for Emergency Action Plans
- Identifying Types of Workplace Emergencies and Hazards
- Establishing Primary and Secondary Evacuation Routes
- Alarm Systems and Emergency Communication Protocols

- Assembly Areas and Employee Accountability (Roll Call) Procedures
- Shelter-in-Place and Lockdown Protocols
- Rescue and Medical Duties for Designated Employees
- Procedures for Employees Operating Critical Plant Operations
- Roles of Emergency Wardens and Coordinators

In-Person Training Location or Virtual Zoom Training Based On Your Needs

Facility Evacuation Walk-Through and Route Inspection is Highly Recommended

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Fire Extinguisher Awareness and Live Burn Exercise

Fire Extinguisher Awareness and Live Burn Exercise

In-Person Training

Fire Extinguisher Awareness Training

Days and Times Scheduled Based On Your Needs

This 1/2-day hands-on course focuses on the safe, practical, and effective use of portable fire extinguishers. The training is required for employees designated to use fire fighting equipment as part of an Emergency Action Plan. It is an excellent program for new hires needing foundational knowledge and experienced workers requiring annual refresher training to understand fire hazards and defensive fire fighting techniques.

The training covers Federal OSHA 29 CFR 1910.157 and 1926.150, as well as Cal/OSHA Title 8 requirements for portable fire extinguishers. This training is an important part of keeping your company compliant with mandatory annual regulatory standards and providing your key people with the confidence and physical skills necessary to extinguish incipient-stage fires safely.

Training Topics Include:

- The Fire Tetrahedron and How Fires Spread
- Identifying the Different Classes of Fire (A, B, C, D, K)
- Selecting the Correct Extinguisher Type for the Hazard
- The P.A.S.S. Method (Pull, Aim, Squeeze, Sweep)
- Monthly Visual Inspections and Annual Maintenance Requirements
- Hazard Recognition and Risk Assessment
- Deciding When to Fight vs. When to Evacuate
- Understanding Extinguisher Limitations and Discharge Times
- Safe Evacuation and Routing Procedures

In-Person Training Location Based On Your Needs

1/2-Day Hands-On Field Training with Controlled Live Burn Simulator and Actual Extinguishers is Included.

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First Aid, AED, BBP, CPR

First Aid, AED, BBP, CPR

In-Person Training

First Aid, CPR, and AED Certification Training

Days and Times Scheduled Based On Your Needs

This 1-day certification course provides participants with the critical knowledge and hands-on skills required to respond to life-threatening medical emergencies in the workplace. This training is essential for job site supervisors, safety managers, and designated first responders,

particularly in construction, industrial, and remote work environments where immediate medical care is not readily accessible.

The training aligns with the guidelines set by recognized medical authorities and covers Fed/OSHA 29 CFR 1910.151 (Medical Services and First Aid) and 1910.1030 (Bloodborne Pathogens). Upon successful completion, participants receive a certification card good for 2 years. This training is an important part of keeping your company compliant with current OSHA regulations and providing your key people with the information and resources they need to act decisively and save lives.

Training Topics Include:

- Adult, Pediatric, and Infant CPR (Cardiopulmonary Resuscitation)
- Proper Application and Use of an AED (Automated External Defibrillator)
- Choking and Airway Obstruction Relief
- Severe Bleeding Control and Tourniquet Application
- Recognizing and Treating Shock, Burns, Sprains, Fractures, Crush Syndrome, and Suspension Trauma
- Assessing Medical Emergencies (Heart Attack, Stroke, Seizures)
- Managing Environmental Emergencies (Heat Illness, Cold Stress)
- Bloodborne Pathogens (BBP) Exposure Control and Prevention
- Proper Use of PPE and Good Samaritan Laws

In-Person Training Location Based On Your Needs

Includes Interactive Hands-On Training Using CPR Manikins, AED Trainers, and First Aid Supplies.

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Mental Health & Suicide Awareness

Mental Health & Suicide Prevention in the Workplace

In-Person & Virtual Training

Mental Health & Suicide Awareness Training

Days and Times Scheduled Based On Your Needs

This 1/2-day workshop tackles one of the most pressing safety issues in the modern workforce, particularly in the construction and industrial trades: mental health and suicide. This training is designed for supervisors, HR professionals, safety officers, and all team members to foster a culture of care, reduce stigma, and recognize when a colleague is in distress.

While traditional safety training focuses on physical hazards, emotional and mental safety is vital to an overall proactive safety culture. This program focuses on recognizing behavioral changes, initiating difficult conversations, and connecting at-risk individuals with available resources for the proper help and support. Providing this awareness training is an important part of supporting your employees' total well-being and providing your key people with the resources they need to maintain a resilient, safe, supportive, and vigilant job site or workplace.

Training Topics Include:

- Recognizing the Warning Signs of Mental Health Struggles
- Industry Statistics and the Crisis in Construction, General Industry, and Mining
- Understanding the Factors that Contribute to Workplace Stress
- Breaking the Stigma Surrounding Mental Health Discussions
- Suicide Awareness and Identifying Immediate Risk Factors
- Active Listening and QPR (Question, Persuade, Refer) Concepts
- How to Approach and Communicate with a Worker in Distress
- Identifying and Utilizing Employee Assistance Programs (EAP) and Total Wellness Programs (TWP)
- Crisis Intervention and National Hotline Resources (988)

In-Person Training Location or Virtual Zoom Training Based On Your Needs

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Demolition, Disaster Cleanup & Emergency Response

Demolition, Disaster Cleanup & Emergency Response Planning

In-Person Training

Demolition & Disaster Cleanup Training

Days and Times Scheduled Based On Your Needs

This 1-day course is a comprehensive dive into the hazards and controls associated with demolition operations, disaster site cleanup, and structural emergency response. This training is heavily tailored for construction crews, disaster remediation contractors, and site supervisors who are tasked with returning a damaged site to safe conditions after fires, severe storms, or structural failures.

The training extensively covers Federal OSHA 1926 Subpart T (Demolition), applicable Cal/OSHA standards, and elements of HAZWOPER/Emergency Response awareness. It emphasizes the importance of engineering surveys, utility handling, and hazard mitigation before and during cleanup. This training is an important part of keeping your company compliant with OSHA regulations while providing your key people with the information and resources needed to safely tackle highly unpredictable environments.

Training Topics Include:

- OSHA Preparatory Operations and Pre-Demolition Engineering Surveys
- Identifying Structural Instability and Collapse Hazards
- Locating, Securing, and Lockout/Tagout of Utilities
- Hazard Communication and Unseen Toxins (Asbestos, Chemicals, Lead, Silica)
- Safe Debris Removal, Material Handling, and Barricading
- Fall Protection and Working Near Wall/Floor Openings
- Heavy Equipment and Crane Operations in Disaster Zones

- Selection and Use of Proper PPE and Respiratory Protection
- JHA/JSA, PTP, and RA Development for Changing Site Conditions

In-Person Training Location Based On Your Needs

1/2-Day Hands-On Field Walk-through, Job Hazard Analysis (JHA), Pre-Task Plan (PTP), and Risk Assessment (RA) Exercise at a Job Site or Workplace is Recommended.

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Conducting Disaster Drills & Exercises

Conducting Disaster Drills & Emergency Response Exercises

In-Person Training

Disaster Drills & Emergency Response Training

Days and Times Scheduled Based On Your Needs

This 1-day interactive workshop is designed for safety managers, EHS directors, site supervisors, and designated emergency coordinators. An Emergency Action Plan is only as good as the team's ability to execute it. This course teaches participants how to properly design, conduct, and evaluate emergency drills and disaster exercises at their own facilities or job sites.

The training bridges the gap between written compliance and practical execution, providing methodologies for testing your site's readiness for fires, medical emergencies, active shooters, and natural disasters. The training incorporates principles from standard emergency management frameworks and OSHA compliance directives. This training is an important part of keeping your company prepared and providing your key people with the information and resources they need to evaluate weaknesses and continuously improve response capabilities.

Training Topics Include:

- Understanding the Types of Exercises (Tabletop, Functional, Full-Scale)

- Setting Clear and Measurable Drill Objectives
- Designing Realistic Incident Scenarios Tailored to Your Facility
- Roles of Exercise Facilitators, Evaluators, and Actors
- Ensuring Safety During Functional and Full-Scale Drills
- Briefing and Debriefing Participants
- Evaluating Evacuation Times, Accountability, and Response Actions
- Drafting the After-Action Report (AAR) and Hotwashes
- Identifying Corrective Actions and Improvement Plans

In-Person Training Location Based On Your Needs

Includes the Live Facilitation of a Custom Tabletop Scenario or Evacuation Drill with Your Leadership Team.

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