

# **EM385 US Army Corps of Engineers Training**

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## **EM-385-1-1 2024 Certification 40-Hour (with OSHA 30)**

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#### **In-Person Training**

#### **40-Hour USACE / NAVFAC Safety Certification & OSHA 30**

#### **Days and Times Scheduled Based On Your Needs**

This rigorous 5-day dual-certification training program is mandatory for contractors, superintendents, and safety professionals operating on Department of Defense (DOD), Naval Facilities Engineering Systems Command (NAVFAC), and U.S. Army Corps of Engineers (USACE) projects. The military enforces strict safety standards that frequently exceed baseline OSHA regulations. This comprehensive course fulfills the baseline OSHA 30-Hour Construction training requirement while thoroughly covering the newly updated 15 March 2024 version of the EM 385-1-1 manual.

Completing this combined course is the primary prerequisite for serving as a Site Safety and Health Officer (SSHO) on federal contracts. This high-level training is an important part of keeping your company compliant with strict military contract requirements, preventing costly project stand-downs, and providing your key people with the precise information and resources they need to manage complex federal job sites safely and effectively.

#### **Training Topics Include:**

- OSHA 30-Hour Core Requirements: Focus Four Hazards, PPE, and Health Hazards
- Navigating the Newly Updated 2024 EM 385-1-1 Safety and Health Requirements Manual
- Drafting and Executing an Accepted Accident Prevention Plan (APP)
- Developing Activity Hazard Analyses (AHA) and Risk Assessment Codes (RAC)
- SSHO Qualifications, Roles, Administrative Duties, and Responsibilities
- EM 385 Fall Protection and Rescue Planning (Section 21) vs. OSHA Subpart M
- Scaffolding, Elevated Work Platforms, and Ladders (Section 22)
- Control of Hazardous Energy, Lockout/Tagout, and Confined Space Entry

- Military Crane, Rigging, and Heavy Load Handling Equipment (LHE) Operations
- Excavation, Trenching, and Temporary Construction Facilities

### **In-Person Training Location Based On Your Needs**

*Includes Interactive Workshops on Writing AHAs for USACE Approval. Participants receive the official DOL/OSHA 30-Hour Card and 40-Hour EM 385-1-1 Certificate upon completion.*

### **Presented by**

**SAFE - Safety Associates for Employers, LLC**

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## **EM-385-1-1 2024 Refresher 8-Hour**

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#### **In-Person & Virtual Training**

#### **Annual EM-385-1-1 SSHO Refresher**

#### **Days and Times Scheduled Based On Your Needs**

This 1-day (8-hour) course is the required annual continuing education for current Site Safety and Health Officers (SSHOs) who must maintain their qualifications on USACE, NAVFAC, and DoD projects. With the release of the updated 15 March 2024 EM 385-1-1 manual, maintaining compliance requires an active understanding of the newest regulatory shifts, administrative processes, and engineering controls mandated by federal safety inspectors.

The training focuses on critical updates to the EM 385-1-1 safety standards and reviewing the most frequently cited deficiencies on federal worksites. This refresher training is an important part of keeping your company compliant with ongoing federal and military contract requirements and providing your key EHS people with the updated information and resources they need to maintain their SSHO status and protect project profitability.

#### **Training Topics Include:**

- Detailed Review of the 2024 Updates and Changes to the EM 385-1-1 Manual
- Common Pitfalls in Accident Prevention Plan (APP) Maintenance and Submittals

- Updating Activity Hazard Analyses (AHAs) for Phased Work and Changing Conditions
- Review of Section 21 Fall Protection and Rescue Plans
- Evaluating Competent Person Duties and Designations for Specific Hazards
- Mishap Reporting, Recordkeeping, and Corrective Action Plans
- Interacting Effectively with USACE and NAVFAC Quality Assurance Personnel
- Control of High-Risk Hazards: Cranes, Excavations, Electrical, and Trenching
- Managing Subcontractor Compliance on Multi-Employer Federal Sites

**In-Person Training Location or Virtual Zoom Training Based On Your Needs**

**Presented by**

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